

The Book of Readings

Inspirational Quotes to Live and Lead by



“Our deepest fear is not that we are inadequate. Our deepest fear is that we are powerful beyond measure.” -Nelson Mandela



Compiled by Greg Giesen

Author of Mondays At 3 & It's All About Me

BOOK OF READINGS

1. *I told myself that I have to just keep on breathing...for tomorrow the sun will rise...and who knows what the tide will bring in.*
-Tom Hanks in the movie, Cast Away
2. *From a centered state, there is no need to exaggerate who you are and what you are doing in order to get approval. You recognize very clearly that who you are is enough.*
-Thomas Crum, Journey to Center
3. *Worry is the same thing as praying for what you don't want.*
-Unknown
4. *Never, never, never, never, never give up!*
-Winston Churchill
5. *If you let cloudy water settle, it will become clear. If you let your cloudy mind settle, your course will also become clear.*
-John McKay
6. *Sometimes what you're most afraid of doing is the very thing that will set you free.*
-Robert Tew
7. *We cannot become what we need to be by remaining what we are.*
-Max DePree
8. *Never reply when you're angry. Never make a promise when you're happy. Never make a decision when you're sad.*
-Unknown
9. *The first order of things to be changed is me, the leader. After I consider how hard it is to change myself, then I will understand the challenge of trying to change others. This is the ultimate test of leadership.*
-John Maxwell
10. *You don't get to control any outcome, only every choice you make along the way.*
-Stephen Paul
11. *It's not so much that we're afraid of change or so in love with the old ways, but it's that place in between that we fear...It's like being between trapezes. It's Linus when his blanket is in the dryer. There's nothing to hold on to.*
-Marilyn Ferguson
12. *You cannot discover new oceans unless you have the courage to lose site of the shore.*
-Andre Gide
13. *Definition of Insanity: Doing the same thing over and over again and expecting different results.*
-Dante Alighieri, The Divine Comedy, 13th century
14. *It's a mistake to think we listen only with our ears. It's much more important to listen with the mind, the eyes, the body and the heart. Unless you truly want to understand the other person, you'll never be able to listen.*
-Mark Herndon
15. *Chaos often breeds life, while order breeds habit.*
-Henry Adams

16. *Accept people for who they are instead of judging them from who we are.*
-Greg Giesen
17. *Purpose is the still point---the peaceful center around which all dynamic leadership revolves.*
-Rob Hawthorne
18. *What is love? Love is the absence of judgment.*
-Dalai Lama
19. *The more centered you are, the more aware you are. The more aware you are, the more deeply you connect to another. The more deeply you connect, the more you appreciate another. The more you appreciate, the more joyful you become. The more joyful you become, the more willing you are to deepen that relationship. And the cycle begins anew, with more depth.*
-Tom Crum, *Journey to Center*
20. *Being a leader might be a role you're given or a position that has been handed to you. You might be extremely well paid to lead or manage people. However, I believe that the more connected you are to yourself and the more comfortable you are, the better you will lead and inspire others. I have seen leadership in a person who is not recognized by title or salary. Leadership occurs where there is inspiration from within, when you have self-worth and are at peace.*
-Excerpted from "*Pocket Guide to Your Heart*" by Colleen Hoffman Smith
21. *If you tell the truth, you don't have to remember anything.*
-Mark Twain
22. *Change the changeable, accept the unchangeable, and remove yourself from the unacceptable.*
-Dennis Waitley
23. *You are not separate from the whole. You are one with the sun, the earth, the air. You don't have a life. You are life.*
-Eckhart Tolle
24. *Seek first to understand, then to be understood...The root cause of almost all people problems is the basic communication problem - people do not listen with empathy.*
-Stephen Covey
25. **Destiny**
*Watch your thoughts, they become words
Watch your words, they become actions
Watch your actions, they become habit
Watch your habits, they become character
Watch your character, it becomes your destiny.*
- Frank Outlaw
26. *When I ask you to listen to me and you start giving advice, you have not done what I asked. When I ask you to listen to me and you begin to tell me why I shouldn't feel that way, you are trampling on my feelings. When I ask you to listen to me and you feel you have to do something to solve my problem, you have failed me, strange as that may seem. So listen and just hear me. And, if you want to talk, wait a minute for your turn, and I'll listen to you.*
-Haleigh Lovell
27. *Be kind, for everyone you meet is fighting a hard battle.*
-Plato
28. *All great players know there are days when, no matter what they do, the game wins.*
-Dr. Richard Coop

29. *I am at a place in my life where peace is a priority. I make deliberate life choices to protect my mental, emotional and spiritual state.*
-TheMindsJournal
30. *All that matters is if you can look in the mirror and tell the person you see there that you've done your best.*
-John McKay
31. *People do not care how much you know until they know how much you care.*
-John Maxwell
32. *I know very few things for certain, but I know this: those of you who live a life of love in the service of others will be happy. Those who do not will be unhappy.*
-Albert Schweitzer, just before he died
33. *True freedom means having the ability to choose the best response to a situation without being unfairly influenced by past histories.*
-Greg Giesen
34. *Wherever I go today, and whoever I encounter, I will bring them a gift. The gift may be a compliment, a flower, or a prayer. Today, I will give something to everyone I come into contact with.... Each time I meet someone, I will silently wish them happiness, joy, and laughter.*
-Deepak Chopra
35. *Anyone who has grown mentally, physically or spiritually knows that growth is not found in comfort.*
-Mindset of Greatness
36. *We do not believe in ourselves until someone reveals that deep inside us something is valuable, worth listening to, worthy of our trust, sacred to our touch. Once we believe in ourselves we can risk curiosity, wonder, spontaneous delight or any experience that reveals the human spirit.*
-e.e. cummings
37. *Anything that annoys you is teaching you patience. Anyone who abandons you is teaching you how to stand up on your own two feet. Anything that angers you is teaching you forgiveness and compassion. Anything that has power over you is teaching you how to take your power back. Anything you hate is teaching you unconditional love. Anything you fear is teaching you courage to overcome your fear. Anything you can't control is teaching you how to let go.*
-Jackson Kiddard
38. *The problem with you is you think you have time!*
-Don Juan
39. *I hope everybody could get rich and famous and will have everything they ever dreamed of, so they will know that is not the answer.*
-Jim Carey
40. *There is no such thing as a weird human being. It's just that some people require more understanding than others.*
-Tom Robbins, Another Roadside Attraction
41. *Finding yourself is not really how it works. You aren't a ten-dollar bill in last winter's coat pocket. You are also not lost. Your true self is right there, buried under cultural conditioning, other people's opinions, and inaccurate conclusions you drew as a kid that became your beliefs about who you are. Finding yourself is actually returning to yourself. An unlearning, an excavation, a remembering who you were before the world got its hands on you. -*
Emily McDowell

42. *The worst sin toward our fellow creatures is not to hate them, but to be indifferent to them. That is the essence of inhumanity.*
-George Bernard Shaw
43. *The most difficult relationship will be the most profound transformation.*
-Evan Hodkins
44. *You can learn more about a person in one hour of play than a lifetime of conversation.*
-Plato
45. *The people who push our buttons most can be our best teachers - they can show us where we are not finished with our own work. It means that all the jerks who show up in my life are there to teach me something. If we don't welcome the people who push our buttons as an opportunity to learn about ourselves, we are stuck with the belief that our lives would be fine if only they would straighten up. There is an enormous trap in that, because it means that we've decided that we can't live our lives the way we want until someone else changes.*
-Ron Luyet
46. *To be beautiful means to be yourself. You don't need to be accepted by others. You need to accept yourself.*
-Thich Nhat Hanh
47. *Learning is finding out what you already know. Doing is demonstrating that you know it. Teaching is reminding others that they know just as well as you. You are all learners, doers, and teachers.*
-Richard Bach
48. *A mind stretched by a new experience can never go back to its old dimensions.*
-Oliver Wendell Holmes
49. *Sometimes I pretend to be normal, but it gets boring, so I go back to being me.*
-Unknown
50. *What we do for ourselves dies with us. What we do for others and the world remains and is immortal.*
-Albert Pine
51. *If you don't go after what you want, you'll never have it. If you don't ask, the answer is always no. If you don't step forward, you're always in the same place.*
-Nora Roberts
52. *An old Cherokee is teaching his grandson about life...
"A fight is going on inside me," he said to the boy. "It is a terrible fight between two wolves. One is Evil -- he is anger, envy, sorry, regret, greed, arrogance, self-pity, guilt, resentment, inferiority, lies, false pride, superiority, and ego. The other is good -- he is joy, peace, love, hope, serenity, humility, kindness, benevolence, empathy, generosity, truth, compassion, and faith. This same fight is going on inside you and inside every other person, too."
The grandson thought about it for a minute and then asked, "Which wolf will win?"
The old Cherokee simply replied, "The one you feed."
-Unknown*
53. *In the end, we only regret the chances we didn't take, relationships we are afraid to have, and the decisions we waited too long to make.*
-Lewis Carroll
54. *If we all did the things we are capable of doing, we would literally astound ourselves.*
-Thomas Edison

55. *Behold the turtle. He makes progress only when he sticks his neck out.*
-James Conant
56. *You know, we can't get out of life alive! We can either die in the bleachers or die in the field. We might as well come down on the field and go for it!*
-Les Brown
57. *On the day of judgment, we shall not be asked what we have done but how much did we love.*
-Thomas Kempis
58. *I've learned to see happiness not as something that happens to me, but as something I do; not as something I get out of life, but as something I bring to life.*
-Dan Millman
59. *The only place where success comes before work is in the dictionary.*
-Vidal Sassoon
60. *There was a man hanging from a cliff two thousand feet above the valley floor. The terrified man looked to the top of the cliff and screamed, "Is there anyone up there who can help me?" A deep, booming reply came from above, "Yes, I'll help you. I'm the Lord. Just relax and let go!" A long pause. "Is there anybody else up there who can help me?"*
-Thomas Crum's *Journey to Center*
61. *It is no use walking anywhere to preach unless our walking is our preaching.*
-St. Francis of Assisi
62. *If you think you are too small to be effective, you have never been in a bed with a mosquito.*
-Bette Reese
63. *We are all faced with a series of great opportunities brilliantly disguised as impossible situations.*
-Charles Swindall
64. *"Tell me the weight of a snowflake," a coal-mouse (a small bird) asked a wild dove. "Nothing more than nothing," was the answer. "In that case, I must tell you a marvelous story," the coal-mouse said. "I sat on the branch of a fir, close to its trunk, when it began to snow—not heavily, not in a raging blizzard—no, just like in a dream, without a wind, without any violence. Since I did not have anything better to do, I counted the snowflakes settling on the twigs and needles of my branch. Their number was exactly 3,741,952. When the 3,741,953rd dropped onto the branch, nothing more than nothing as you say, the branch broke off." Having said that, the coal-mouse flew away. The dove, since Noah's time an authority on the matter, thought about the story for a while, and finally said to herself, perhaps there is only one person's voice lacking for peace to come to the world.*
-Kurt Kauter in *A Tale for all Seasons*
65. *Most of us go to our graves with our music still in us.*
-Oliver Wendell Holmes, Justice of the U.S. Supreme Court
66. *Mistakes are proof that you are trying.*
-Unknown
67. *Strong people make as many and as ghastly mistakes as weak people. The difference is that strong people admit them, laugh at them, and learn from them. That is how they become strong.*
-Alan Loy McGinnis

68. *There is no such thing as a problem without a gift for you in its hands. You seek problems because you need their gifts.*
-Richard Bach, *Illusions*
69. *I cannot believe that the purpose of life is to be happy. I think the purpose of life is to be useful, to be responsible, to be compassionate. It is, above all to matter, to count, to stand for something, to have made some difference that you lived at all.*
-Leo Rosten
70. *Fear is a reaction. Courage is a decision.*
-Winston Churchill
71. *Conditional love is not love at all, but merely approval for meeting someone else's standards.*
-Greg Giesen
72. *Life isn't about waiting for the storm to pass...it's about learning to dance in the rain.*
-Vivian Greene
73. *If you define cowardice as running away at the first sign of danger, screaming and tripping and begging for mercy, then yes, Mister Brave Man, I guess I am a coward!*
-Jack Handey, *Deep Thoughts*
74. *Life has no remote. Get up and change it yourself!*
-Unknown
75. *TAKE ME AS I AM...or watch me as I go!*
-Unknown
76. *To laugh is to risk appearing the fool
 To weep is to risk appearing sentimental
 To reach out for another is to risk involvement
 To expose feelings is to risk exposing your true self
 To place your ideas, your dreams before the crowd is to risk their loss
 To love is to risk not being loved in return
 To live is to risk dying
 To hope is to risk despair
 To try is to risk failure
 But risks must be taken - because the greatest hazard in life is to risk nothing.
 The person who risks nothing may avoid suffering and sorrow, but he cannot learn, feel, change, grow, love, live...Only a person who risks is free.*
-Leo Buscaglia
77. *Feel the Fear and Do It Anyway!*
-Susan Jeffers
78. *It doesn't work to leap a twenty-foot chasm in two ten-foot jumps.*
-American proverb
79. *I am more than I thought. I did not know I held so much greatness within me.*
-Walt Whitman
80. *If it is important to you, you will find a way. If not, you'll find an excuse.*
-Ryan Blair

81. *Come to the edge, he said.
They said: We are afraid.
Come to the edge, he said.
They came.
He pushed them...and they flew.
Those who love us may well push us when we're ready to fly.*
-Guillaume Apollinaire
82. *Before you speak, let your words pass through three gates:*
a. *Is it true?*
b. *Is it necessary?*
c. *Is it kind?*
-lessonslearnedinlife.com
83. *People can be divided into three groups: those who make things happen, those who watch things happen, and those who wonder what happened. Showing up is 80% of life.*
-Woody Allen
84. *Never be afraid to fall apart because it is an opportunity to rebuild yourself the way you wish you had been all along.*
-www.livelifehappy.com
85. *It is so much easier to live placidly and complacently. Of course, to live placidly and complacently is not to live at all.*
-Jack London, American author
86. *If 'Plan A' didn't work, the alphabet has 25 more letters! Stay cool!*
-Unknown
87. *If you can dream it, you can do it.*
-Walt Disney
88. *One of the most tragic things I know about human nature is that all of us tend to put off living. We are all dreaming of some magical rose garden over the horizon - instead of enjoying the roses that are blooming outside our windows today.*
-Dale Carnegie
89. *Our greatest glory is not in never falling, but in rising every time we fall.*
-Confucius
90. *When you get into a tight place and everything goes against you till it seems as though you could not hang on a minute longer, never give up then, for that is just the place and time that the tide will turn.*
-Harriet Beecher
91. *Ego says, "Once everything falls into place, I'll feel peace." Spirit says, "Find your peace, and everything will fall into place."*
-Marianne Williamson
92. *Not all storms come to disrupt your life; some come to clear your path.*
-www.pinterest.com
93. *I am never upset for the reason I think.*
-Course in Miracles

94. *Don't cry because it's over, smile because it happened.*
-Dr. Seuss
95. *Things tend to turn out best when we don't cling too tightly. We can hold life lightly, remain clear on our intention, and then see what unfolds.*
-Steven Hickman
96. *The best way to predict the future is to create it.*
-Abraham Lincoln
97. *The purpose of meditation is to connect to your soul. That could be through guided meditation, sitting quietly, or going for a walk.*
-Unknown
98. *Expect nothing, be prepared for anything.*
-Samurai Saying
99. *You must be the change you wish to see.*
-Gandhi
100. *Struggle precedes growth.*
-Don Coyhis
101. *Do more than exist, live.
Do more than touch, feel.
Do more than look, observe.
Do more than read, absorb.
Do more than hear, listen.
Do more than listen, understand.
Do more than think, ponder.
Do more than talk, say something.*
-John H. Rhoades
102. *Let the world know you as you are, not as you think you should be, because sooner or later, if you are posing, you will forget the pose, and then where are you?*
-Fanny Brice
103. *Aerodynamically, the bumble bee shouldn't be able to fly, but the bumble bee doesn't know it so it goes on flying anyways.*
-Mary Kay Ash
104. *Do not wait for ideal circumstances, nor for the best opportunities; they will never come.*
-Janet Erskine Stuart
105. *Three brick layers were asked what they were doing. One said, "I'm laying bricks." The second replied, "I'm building a wall." The third stated, "I'm constructing a temple."*
-Unknown
106. *Pay attention to the questions you need to ask, not the answers you want to hear.*
-Leonard Hirsch
107. *Unease, anxiety, tension, stress, worry—all forms of fear—are caused by too much future, and not enough presence.*
-Eckart Tolle

108. *The relationship with yourself sets the tone for every other relationship you have.*
-Jane Travis
109. *Your new life is going to cost you your old one.*
-Unknown
110. *A great attitude becomes a great day which becomes a great month which becomes a great year which becomes a great life.*
-Mandy Hale
111. *I have endured. I have been broken. I have known hardship. I have lost myself. But here I stand, still moving forward, growing stronger each day.*
-Unknown
112. *When one door of happiness closes, another opens; but often we look so long at the closed door that we do not see the one which has opened for us.*
-Helen Keller
113. *Our days are happier when we give people a bit of our heart rather than a piece of our mind.*
-Ritu Ghatourney
114. *The things that make me different are the things that make me ME.*
-Winnie-the-Pool
115. *Every thought of frustration is like purchasing a ticket for more frustration. Every thought that agrees that you're stuck is asking the Universe to send you even more of that glue to keep you stuck.*
-Unknown
116. *The problem is people are being hated when they are real, and are being loved when they are fake.*
-Bob Marley
117. *Kindness makes you the most beautiful person in the world no matter what you look like.*
-Simple Reminders
118. *Start by doing 1 push up. Start by drinking 1 cup of water. Start by paying toward 1 debt. Start by reading 1 page. Start by making 1 sale. Start by deleting 1 old contact. Start by walking 1 lap. Start by attending 1 event. Start by writing 1 paragraph. Start today. Repeat tomorrow.*
-Chris Johnson
119. *You know you have mastered a soul lesson when the circumstance has not changed but the way you respond has. This is true self-mastery.*
-www.DeniseLescano.com
120. *Smile, it will make you look better. Pray, it will keep you strong. Love, it will make you enjoy life.*
-Unknown
121. *Someone asked me what's the most difficult thing about owning a dog. I replied, "The goodbye."*
-Stephan Pastis
122. *Once you learn how to create your own happiness, no one can take it from you.*
-Robert Tew
123. *Sometimes you just need an adventure to cleanse the bitter taste of life from your soul.*
-Unknown

124. *I am not a product of my circumstances. I am a product of my decisions.*
-Power of Positivity
125. *If you see someone falling behind, walk besides them. If someone is being ignored, find a way to include them. If someone has been knocked down, lift them up. Always remind people of their worth. Be who you needed when you were going through hard times. Just one small act of kindness could mean the world to someone.*
-Miss Kitty
126. *My entire life can be described in one sentence: it didn't go as planned, and that's ok.*
-Rachel Wolchin
127. *Don't change so people will like you. Be yourself and the right people will love the real you.*
-QuoteDiary.me
128. *A Friend is someone who knows the song in your heart and can sing it back to you when you have forgotten the words.*
-C.S. Lewis
129. *If you want to feel rich, just count all the things you have that money cannot buy.*
-QuoteDiary.me
130. *Unless you learn to face your own shadows, you will continue to see them in others, because the world outside you is only a reflection of the world inside you.*
-Trish Whynot
131. *Sometimes burning bridges isn't a bad thing...it prevents you from going back to a place you should never have been to begin with.*
-Wisdom Quotes
132. *Be more concerned with your character than your reputation, because your character is what you really are, while your reputation is merely what others think you are.*
-John R. Wooden.
133. *The best way to predict the future is to invent it.*
-Alan Kay
134. *Dear Optimist, Pessimist, and Realist,
Why you guys were busy arguing about the glass of water, I drank it!
Sincerely, the Opportunist*
-Unknown
135. *Life begins at the end of your comfort zone.*
-Neale Donald Walsch
136. *The basis for leadership is learning, and principally learning from experience. Reflection is a major way in which leaders learn. Consider some of the ways of reflecting: looking back, thinking back, dreaming, journaling, talking it out, watching last week's game, asking for critiques, going on retreats.... Reflection is a way of making learning conscious.*
-Warren Bennis
137. *To be nobody but yourself - in a world which is doing its best night and day to make you everybody else - means to fight the hardest battle which any human being can fight, and never stop fighting.*
-e. e. Cummings

138. *Don't worry about the people in your past; there's a reason they didn't make it to your future.*
-Unknown
139. *A smooth sea never made a skilled mariner.*
-English proverb
140. *I shall pass thru this world but once; any good thing therefore I can do, or any kindness I can show to any human being, let me do it now, let me not defer it or neglect it, for I shall not pass this way again.*
-Stephen Grellet
141. *The greater part of our happiness or misery depends on our dispositions and not on our circumstances.*
-Martha Washington
142. *Perseverance is not a long race. It is many short races one after another.*
-Walter Elliott
143. *Integrity is doing the right thing when no one is watching.*
-Unknown
144. *Security is mostly a superstition. Avoiding danger is no safer in the long run than outright exposure. Life is either a daring adventure, or nothing.*
-Helen Keller
145. *You can't start the next chapter of your life if you keep re-reading your last one.*
-Unknown
146. *Authenticity is the single most important quality of leadership. You cannot get authentic by delivering a great speech. It is demonstrated day-to-day through thousands of micro-behaviors.*
-Bob Kidder
147. *When you empty yourself of the illusions of who and what you think you are, there is less to lose than you had feared.*
-Carol Osborn
148. *I am not what happens to me, I am what I choose to become.*
-Gustav Jung
149. *In order to be masterful in the outside world, it is necessary to start the practice of mastery deep within oneself.*
-Charlotte Roberts
150. *Do you want to know who you are? Don't ask. Act! Action will delineate and define you.*
-Thomas Jefferson
151. *The new age of leadership demands leaders who are forever renewing and reinventing themselves. They are expected to be lifelong learners, driven by dreams, opportunities, and challenges always to be more so that they can do more.*
-Burt Nanus
152. *A leader is best when people barely know he exists, when his work is done, his aim fulfilled, they will say: We did this ourselves.*
-Lao Tzu
153. *The happiest people don't have the best of everything. They just make the best of everything.*
-Oprah Winfrey

154. *We are most comfortable with the thoughts we have lived with the most. It makes no difference if those thoughts aren't the best for us—it's what we know, it's what we are most secure in keeping at our side.*
-Shad Helmstetter
155. The *Center for Creative Leadership* studied 105 successful executives and discovered the following:
- *They admitted their mistakes and accepted the consequences, rather than trying to blame others.*
 - *They were able to get along with a wide variety of people.*
 - *They had strong interpersonal skills, sensitivity to others, and tact.*
 - *They were calm and confident, rather than moody and volatile.*
 - *Unsuccessful executives tended to be too tough, abusive, sarcastic, aloof, or unpredictable. Their worst fault was being insensitive to others.*
156. *Once leaders commit to doing the deeply personal work of cutting through the layers of ego, they begin to clarify how to make an authentic contribution in all their spheres of influence.*
-Tom Gegax
157. *The first order of things to be changed is me, the leader. After I consider how hard it is to change myself, then I will understand the challenge of trying to change others. This is the ultimate test of leadership.*
-John Maxwell
158. *Example is not the main thing in influencing others, it's the only thing.*
-Albert Schweitzer
159. *I am convinced that life is 10% what happens to me and 90% how I react to it.*
-Charles Swindoll
160. *Seek progress, not perfection. The perfect swing doesn't exist.*
-Leonard Finkel
161. *We don't see things as they are, we see them as we are.*
-Anais Nin
162. *People hear what we say, but they see what we do. And seeing is believing.*
-Unknown
163. *A leader is not an administrator who loves to run others, but someone who carries water for his people so they can get on with their jobs.*
-Robert Townsend, former CEO, Avis
164. *It is a terrible thing to look over your shoulder when you are trying to lead - and find no one there.*
-Franklin Delano Roosevelt
165. *Do not follow where the path may lead. Go instead where there is no path and leave a trail.*
-Ralph Waldo Emerson
166. *God grant me the serenity to accept the things I cannot change, courage to change the things I can, and the wisdom to know the difference."*
-R. Niebuhr, *The Serenity Prayer*
167. *Knowing others is wisdom, knowing yourself is enlightenment.*
-Lao Tzu

168. *It's time to change your life or your work the moment you stop having butterflies in your stomach.*
- **Barbara Corday, Former VP, CBS Entertainment**
169. **Some Signs and Signals of Inner Peace**
- *A tendency to think and act spontaneously rather than on fears based on past experience.*
 - *An unmistakable ability to enjoy each moment.*
 - *A loss of interest in judging other people.*
 - *A loss in interest of interpreting the actions of others.*
 - *A loss of interest in conflict.*
 - *A loss of the ability to worry.*
 - *Frequent overwhelming episodes of appreciation.*
 - *Contented feelings of connectedness with others and nature.*
 - *Frequent attacks of smiling.*
 - *An increased susceptibility to the love extended by others as well as the uncontrollable urge to extend it.*
- Peace Pilgrim**
170. *Truly great leaders spend as much time collecting and acting on feedback as they do providing it.*
-**Alexander Lucia**
171. *I hope if dogs ever take over the world, and they choose a king, they don't just go by size, because I bet there are some Chihuahuas with some good ideas.*
-**Jack Handy, Deep Thoughts**
172. *Vision without action is meaningless.*
-**Joel A. Barker**
173. *If leaders are careless about basic things—telling the truth, respecting moral codes, proper professional conduct—who can believe them on other issues.*
-**James Hayes**
174. *There are two things that people want more than sex and money—recognition and praise.*
- **Mary Kay Ash of Mary Kay Cosmetics**
175. *What gets measured gets done.
What gets measured and fed back gets done well.
What gets rewarded gets repeated.*
-**John E. Jones**
176. *Being in power is like being a lady. If you have to tell people you are, you aren't.*
-**Margaret Thatcher**
177. *You teach best what you most need to learn.*
-**Richard Bach**
178. *Retreats and so-called off-site exercises aren't worth much unless people can see changes back in the office as well.*
-**Jeremy Main**
179. *One reason for the scarcity of managerial greatness is that in educating and training managers, we focus too much on technical proficiency and too little on character.*
-**Thomas Teal**
180. *Silent gratitude isn't much use to anyone!*
-**Gladys Bertha Stern**

181. *Image is what people think we are. Integrity is what we really are.*
-John Maxwell
182. *Those who say it cannot be done shouldn't interrupt the people doing it!*
-Unknown
183. *Whether you think you can or you can't, you're right.*
-Henry Ford
184. *Only by opening our mind to the possibility that we're not seeing everything will we be able to see what we're missing.*
-Stephen Covey
185. *In time we become what we most believed about ourselves.*
-Shad Helmstetter
186. *Self-examination is always the first step to change.*
-Thomas Mann
187. *Whatever the present moment contains, accept it as if you had chosen it.*
-Eckhart Tolle
188. *If you are depressed, you are living in the past. If you are anxious, you are living in the future. If you are at peace, you are living in the present.*
-Lao Tzu
189. *Today's mighty oak is just yesterday's nut that held its ground.*
-David Icke
190. *Have you ever wondered which hurts the most: saying something and wishing you had not, or saying nothing and wishing you had?*
-Unknown
191. *Pain nourishes courage. You can't be brave if you've only had wonderful things happen to you.*
-Mary Tyler Moore
192. *Peace. It does not mean to be in a place where there is no noise, trouble or hard work. It means to be in the midst of those things and still be calm in your heart.*
-Unknown
193. *To be a champion, you have to believe in yourself when nobody else will.*
-Sugar Ray Robinson
194. *Too much caution is bad for you. By avoiding things you fear, you may let yourself in for unhappy consequences. It is usually wiser to stand up to a scary-seeming experience and walk right into it, risking the bruises and hard knocks. You are likely to find it is not as tough as you had thought. Or you may find it plenty tough, but also discover you have what it takes to handle it.*
-Norman Vincent Pearle
195. *Some people come in your life as blessings. Others come in your life as lessons.*
-Mother Teresa
196. *You have the answer. Just sit quiet enough to hear it.*
-Pat Obuchowski

197. *The two most important days in your life are the day you are born...and the day you find out why.*
-Mark Twain
198. *Those who cannot remember the past are condemned to repeat it.*
-George Santayana
199. *As human beings, our greatness lies not so much in being able to remake the world as in being able to remake ourselves.*
-Mahatma Gandhi
200. *Life should NOT be a journey to the grave with the intention of arriving safely in an attractive and well-preserved body, but rather to skid in sideways, wine in one hand, chocolate in the other, body thoroughly used up, totally worn out and screaming, "Wow! What a ride!"*
-Hunter S. Thompson
201. *THIS TOO SHALL PASS. When things are bad, remember: It won't always be this way. Take one day at a time. When things are good, remember: It won't always be this way. Enjoy every great moment.*
-Doe Zantamata
202. *The talent for being happy is appreciating and liking what you have, instead of what you don't have.*
-Woody Allen
203. *Everybody thinks of changing humanity and nobody thinks of changing himself.*
- Leo Tolstoy
204. *If we really want something, we will do whatever it takes in order to get it. If we don't do the necessary work, then we don't really want it enough to do what is necessary to achieve it; we only think we want it.*
- Dan Millman
205. *Ask yourself if what you're doing today is getting you closer to where you want to be tomorrow.*
-Paulo Coelho
206. *When you judge another, you do not define them, you define yourself.*
-Wayne Dyer
207. *For it is one thing to see the land of peace from a wooded ridge...and quite another to tread the road that leads to it.*
-St. Augustine, Confessions
208. *Too many people overvalue what they are not and undervalue what they are.*
-Malcom Forbes
209. *To reach the place of stillness deep within oneself is to be at home; to fail to reach it is to be forever restless.*
-Gordon Cosby
210. *A group of people becomes a team when each member is sure enough of herself and her contribution to praise the skills of others.*
-Norman Shidle
211. *Are you aware that if we died tomorrow, the company that we are working for could easily replace us in a matter of days? But the family we left behind will feel the loss for the rest of their lives. And come to think of it, we pour ourselves more into work than into our own family, an unwise investment indeed, don't you think?*
-Unknown

212. *And the Lord said to the Rabbi, "Come, I will show you Hell." They entered a room where a group of people sat around a huge pot of stew. Everyone was famished and desperate. Each held a spoon that reached the pot but had a handle so long that it could not be used to reach their mouths. The suffering was terrible. "Come, now I will show you Heaven," the Lord said after a while. They entered another room, identical to the first—the pot of stew, the group of people, the same long spoons. But, there, everyone was happy and nourished. "I don't understand," said the Rabbi. "Why are they happy here when they were miserable in the other room?" The Lord smiled, "Ah, but don't you see?" he asked. "Here they have learned to feed each other.*

-Merle Shain

213. *It is difficult today to leave one's friends and family and deliberately practice the art of solitude for an hour or a day or a week. And yet, when it is done, I find there is a quality to being alone that is incredibly precious. Life rushes back into the void, richer, more vivid, fuller than before...Only when one is connected to one's own core is one connected to others, I am beginning to discover. And for me, the core, the inner spring, can best be re-found through solitude.*

-Anne Morrow Lindbergh

214. *Never doubt that a small group of thoughtful, committed people can change the world. Indeed, it is the only thing that ever has.*

-Margaret Mead

215. *Managing is like holding a dove. Squeeze it too tight, and you kill it. Open your hand too much, and you lose it. My responsibility is to get 25 guys playing for the name on the front of their shirts and not the one on the back.*

-Tommy Lasorda

216. *Live as if you were going to die tomorrow. Learn as if you were to live forever.*

-Gandhi

217. *Why does the thrill of soaring have to begin with the fear of falling?*

-David McNally

218. *Life can only be understood backwards: but it must be lived forwards.*

-Soren Kirkegaard

219. *Success in life comes not from holding a good hand, but in playing a poor hand well.*

-Dennis Waitley

220. *Unless we change our direction, we are likely to end up where we are headed.*

-Lao Tzu

221. *A diamond is a chunk of coal that made good under pressure.*

-Henry Kissinger

222. *There comes a time in your life, when you walk away from all the drama and people who create it. You surround yourself with people who make you laugh. Forget the bad, and focus on the good. Love the people who treat you right, pray for the ones who don't. Life is too short to be anything but happy. Falling down is a part of life, getting back up is living.*

-Jose N. Harris

223. *My mission in life is not merely to survive, but to thrive; and to do so with some passion, some compassion, some humor, and some style.*

-Maya Angelou

224. *A negative thinker sees a difficulty in every opportunity. A positive thinker sees an opportunity in every difficulty. -*

Zig Ziglar

225. *If we want carrots, we need to plant carrots. If we want radishes, we need to plant radishes. If we want love, we need to plant love. If we want understanding, we need to become understanding. If we want to feel appreciated, we need to appreciate others. If we want to feel love, we need to give love.*
-Unknown
226. *Sometimes when things are falling apart, they may actually be falling into place.*
-Unknown
227. *If you never try, you'll never know.*
-Ary & La Skull
228. *Most people would learn from their mistakes if they weren't so busy denying them.*
-Harold J. Smith
229. *Never put the key to your happiness in someone else's pocket.*
-Unknown
230. *We do not stop playing because we grow old, we grow old because we stop playing.*
-George Bernard Shaw
231. *None of us know how much time we have left on this earth. What is left in the end are your actions, the memories you left behind and how you made people feel.*
-Bridgitte Nicole
232. *The one who follows the crowd will usually get no further than the crowd. The one who walks alone is likely to find him/herself in places no one has ever been.*
-Albert Einstein
233. *In three words I can sum up everything I've learned about life: it goes on.*
-Robert Frost
234. *Sometimes what we need is not a push but a pull to keep going.*
-BrainyQuote
235. *If you love someone, tell them, because hearts are often broken by words left unspoken.*
-From the Mankind Project
236. *Forgiving you is my gift to you. Moving on is my gift to myself.*
-Unknown
237. *Growth is painful. Change is painful. But nothing is as painful as staying stuck somewhere you don't belong.*
-Chad Hymas
238. *Sometimes the best thing that you can do is not think, not wonder, not imagine, not obsess. Just breathe...and have faith that everything will work out for the best.*
-Robert Tew
239. *Don't let someone change who you are to become what they need.*
-Unknown
240. *The more rules you have about how people have to be, how life has to be for you to be happy—the less happy you're going to be.*
-Anthony Robbins

241. 7 Rules of Life

1. *Make peace with your past so it won't screw up the present.*
2. *What others think of you is none of your business.*
3. *Time heals almost everything, give it time.*
4. *Don't compare your life to others and don't judge them. You have no idea what their journey is all about.*
5. *Stop thinking too much, it's alright not know the answers. They will come to you when you least expect it.*
6. *No one is in charge of your happiness, except you.*
7. *Smile. You don't own all the problems of the world.*

-Whisper of the heart

242. *Don't worry about the judgments of other's: they're telling you their story, not yours!*

-Unknown

243. *Beautiful in my opinion has nothing to do with looks. It's how you are as a person and how you make others feel about themselves.*

-You Are My Oxy

244. *I have not failed. I've just found 10,000 ways that won't work.*

-Thomas Edison

245. *Everyone has gone through something that has changed them in a way that they could never go back to the person they once were.*

-Lifelifehappy.com

246. *You cannot be lonely if you like the person you're alone with.*

-Wayne Dyer

247. *The authentic self is the soul made visible.*

-Sarah Van Breathnach

248. *Just be yourself. Let people see the real, imperfect, flawed, quirky, weird, beautiful and magical person that you are.*

-Mandy Hale

249. *Friendship isn't about who you've known the longest. It's about who walked into your life, said, "I'm here for you" and proved it.*

-Lessons learned in life

250. *A smart person knows what to say, a wise person knows whether or not to say it.*

-Unknown

251. *I've never met a strong person with an easy past.*

-Unknown

252. *You get in life what you have the courage to ask for.*

-Oprah Winfrey

253. *Happiness is not a life without worries and sorrows, happiness is a state of mind.*

-Unknown

254. *We fall. We break. We fail...But then, we rise, we heal, we overcome.*

-Unknown

255. *You are only going to be as good as the people you surround yourself with. So be brave enough to let go of those who keep weighing you down.*
-Livestronglivelean.com
256. *Make sure your worst enemy is not living between your own two ears.*
-Laird Hamilton
257. *You know you are on the right track when you become uninterested in looking back.*
-Unknown
258. *I may not have everything I want in life but I'm blessed enough to have all that I need. For this I am grateful.*
-Unknown
259. *Sometimes the easiest way to solve a problem is to stop participating in it.*
-Unknown
260. *One of the happiest moments ever is when you find the courage to let go of what you can't change.*
-Picqote.net
261. *When I was 5 years old, my mother always told me that happiness was the key to life. When I went to school, they asked me what I wanted to be when I grew up. I wrote down "happy". They told me I didn't understand the assignment and I told them they didn't understand life.*
-John Lennon
262. *Don't mix bad words with your bad mood. You'll have many opportunities to change a mood, but you'll never get the opportunity to replace the words you spoke.*
-Unknown
263. *If you want to know somebody's mind, listen to their words. If you want to know their heart, watch their actions.*
-Unknown
264. *If it scares you it is probably worth giving it a try.*
-Seth Godin
265. *No matter how you feel, get up, dress up, show up, and never give up!*
-Unknown
266. *You aren't wealthy until you have something money can't buy.*
-Garth Brooks
267. *It is not happy people who are thankful. It is thankful people who are happy.*
-Unknown
268. *Courage doesn't always roar. Sometimes courage is the little voice at the end of the day that says I'll try again tomorrow.*
-Mary Anne Radmacher
269. *The greatest weapon against stress is our ability to choose one thought over another.*
-William James
270. *I AM...two of the most powerful words, for what you put after them shapes your reality.*
-Quotediary.me

271. *I always wondered why somebody doesn't do something about that. Then I realized I was somebody.*
-Lily Tomlin
272. *The best things in life are the people you love, the places you've seen, and the memories you've made along the way.*
-Lessons learned in life
273. *Be kind to unkind people, they need it the most. No need to be their reflection.*
-Unknown
274. *Holding a grudge is letting someone live rent-free in your head.*
-Unknown
275. *I'm a strong person, but every once in a while, I would like someone to take my hand and tell me that everything's going to be alright.*
-Unknown
276. *In the end, we only regret the chances we didn't take.*
-Lewis Carroll
277. *You cannot hang out with negative people and expect to live a positive life.*
-Joel Osteen
278. *A physician once said, "The best medicine for humans is love." Someone asked, "What if it doesn't work?" He smiled and said, "Increase the dose."*
-Unknown
279. *The Dalai Lama, when asked what surprised him most about humanity, answered, "Man. Because he sacrifices his health in order to make money. Then he sacrifices money to recuperate his health. And then he is so anxious about the future that he does not enjoy the present; the result being that he does not live in the present or the future; he lives as if he is never going to die, and then dies having never really lived."*
-Unknown
280. *You have to embrace getting older. Life is precious, and when you've lost a lot of people, you realize that each day is a gift.*
-Meryl Streep
281. *If we could look into each other's hearts and understand the unique challenges each of us faces, I think we would treat each other much more gently, with more love, patience, tolerance, and care.*
-Marvin J Ashton
282. *"It's impossible," said pride. "It's risky," said experience. "It's pointless," said reason. "Give it a try," whispered the heart."*
-Unknown
283. *Life is like a rollercoaster. It has its ups and downs but it's your choice to scream or enjoy the ride.*
-Unknown
284. *There is a huge amount of freedom that comes to you when you take nothing personally.*
-Don Miguel Ruiz
285. *What screws us up most in life is the picture in our head of how it is supposed to be.*
-Jeremy Binns

286. *If you had a friend who spoke to you in the same way that you sometimes speak to yourself, how long would you allow that person to be your friend?*
-Unknown
287. *Maybe the journey isn't so much about becoming anything. Maybe it's about unbecoming everything that isn't really you so you can be who you were meant to be in the first place.*
-Paulo Coelho
288. *A bird sitting on a tree is never afraid of the branch breaking, because her trust is not on the branch but on its own wings. Always believe in yourself.*
-Charlie Wardle
289. *As we grow up, we realize it is less important to have lots of friends and more important to have real ones.*
-Amanda McRae
290. *Good things come to those who believe, better things come to those who are patient and the best things come to those who Don't Give Up.*
-Unknown
291. *Life becomes easier when you learn to accept the apology you never got.*
-R. Brault
292. *Morality: Doing what is right regardless of what you are told. Obedience: Doing what you are told regardless of what is right.*
-H. L. Mencken
293. *Those we love don't go away, they walk beside us every day, unseen, unheard, but always near, still loved, still missed and very dear.*
-Unknown
294. *What do we live for if not to make the world less difficult for each other?*
- George Eliot
295. *It is preoccupation with possessions, more than anything else, that prevents us from living freely and nobly.*
- Bertrand Russel
296. *It is so much easier to live placidly and complacently. Of course, to live placidly and complacently is not to live at all.*
-Jack London
297. *Let everything you do be done as if it makes a difference.*
-William James
298. *The highest reward for a person's toil is not what they get for it, but what they become by it.*
- John Ruskin
299. *Use every letter you write...Every conversation you have...Every meeting you attend...To express your fundamental beliefs and dreams. Affirm to others the vision of the world you want. You are a free, immensely powerful source of life and goodness. Affirm it. Spread it. Radiate it. Think day and night about it. And you will see a miracle happen: The greatness of your own life.*
-Robert Muller

300. *Live your life each day as you would climb a mountain. An occasional glance toward the summit keeps the goal in mind, but many beautiful scenes are to be observed from each new vantage point. Climb slowly, steadily, enjoying each passing moment, and the view from the summit will serve as a fitting climax for the journey.*
-Harold Melchert
301. Apologizing doesn't always mean you are wrong and the other person is right. It just means you value your relationship more than your ego.
-Unknown
302. *The pessimist complains about the wind.
The optimist expects it to change.
The leader adjusts the sails.*
-John Maxwell
303. *If a person sweeps streets for a living, he should sweep them as Michelangelo painted, as Beethoven composed, as Shakespeare wrote.*
-Martin Luther King, Jr.
304. *Infatuation is when you find someone absolutely perfect. Love is when you realize they aren't perfect and it doesn't matter.*
-Heart Centered Rebalancing
305. *My faith demands that I do whatever I can, wherever I am, whenever I can, for as long as I can with whatever I have to try to make a difference.*
-Jimmy Carter
306. *When it comes to making a big change in your life, you have to want it more than you fear it.*
-Unknown
307. *I've missed more than 9000 shots in my career. I've lost almost 300 games. Twenty-six times I've been trusted to take the game winning shot and missed. I've failed over and over and over again in my life. And that is why I succeed.*
-Michael Jordan
308. *If you observe a really happy person you will find him building a boat, writing a symphony, educating her son, growing double dahlias in his garden, or looking for dinosaur eggs in the Gobi desert. She will not be striving for it as a goal itself. He will have become aware that he is happy in the course of living life twenty-four crowded hours of the day.*
-W. Beran Wolfe
309. *Where the needs of the world and your talents cross, there lies your vocation.*
- Aristotle
310. *One thing about the rat race; even if you win it, you're still a rat.*
-Lily Tomlin
311. *People think they are seeking success but what they really desire is fulfillment.*
-Dean Griffith
312. *Forgive people in your life, even those who are not sorry for their actions. Holding on to an anger only hurts you, not them.*
-Power of Positivity

313. *You can't change your shortcomings until you accept yourself despite them.*

-Bernie Siegel

314. *The empirical evidence for who you are and your life's purpose is in how you act.*

-John Allison

315. *People say walking on water is a miracle, but to me walking peacefully on Earth is the real miracle.*

-Thich Nhat Hanh

316. *It is not happy people who are thankful; it is thankful people who are happy.*

-Unknown

317. *Things money can't buy:*

- a. *Manners*
- b. *Morals*
- c. *Respect*
- d. *Character*
- e. *Common Sense*
- f. *Trust*
- g. *Patience*
- h. *Class*
- i. *Integrity*
- j. *Love*

-Sun-gazing.com

318. *And here starts another week without me being rich or famous!*

-Unknown

319. *Strange as it may seem, life becomes serene and enjoyable precisely when selfish pleasure and personal success are no longer the guiding goals.*

-Mihaly Csikszentmihalyi

320. *Joy is what happens to us when we allow ourselves to recognize how good things really are.*

-Marianne Williamson

321. *Maintaining an attitude of playfulness may at first seem inappropriate for problem-solving, but intuitive problem solving is basically a creative process, and is more easily activated when critical judgment is suspended.*

-Frances E. Vaughan

322. *It had never occurred to me that feeling empty might actually be a route to something deeper and richer within.*

-Tony Schwartz

323. *It is the drop that hollows out the stone.*

-Plutarch

324. *It is who you become on the way to reaching your goals that matters most.*

-Larry Beeson

325. *May your life have just enough clouds to make a glorious sunset.*

-Suzanne McRae

326. *"I need to talk to you," is the one sentence that has the power to make you remember every bad thing you've ever done in your life.*

-Humormeetscomics.com

327. *The key to overcoming a fear is to create a goal that is more compelling than the fear itself.*
-Greg Giesen
328. *If serving is below you, leadership is beyond you.*
-Unknown
329. *If you cannot do great things, do small things in a great way.*
-Napoleon Hill
330. *All humans are storytellers with their own unique point of view. When we understand this, we no longer feel the need to impose our story on others or to defend what we believe. Instead, we see all of us as artist with the right to create our own art.*
-Don Miguel Ruiz
331. *It was so simple, yet I had never seen it. I was coming to all my encounters with a fear that others were judging me when, in fact, they were afraid I was judging them. We were all living in a fear of being judged by the other, while the empty space between us was waiting to be filled by a simple gesture of honest caring.*
-Kent Nerburn
332. *The best way to get something done is to begin.*
-Unknown
333. *A lot of problems would disappear if we talk to each other instead of about each other.*
-Ronald Reagan
334. *If you believe it will work out, you'll see opportunities. If you believe it won't, you will see obstacles.*
-Wayne Dyer
335. *Winning is only half of it. Having fun is the other half.*
-Bum Phillips, American Football Coach
336. *When I talk to managers I get the feeling that they are important. When I talk to leaders I get the feeling that I am important.*
-Alexander den Heijer
337. *Confidence is the result of hours and days and weeks and years of constant work and dedication.*
-Roger Staubach
338. *The best thing one can do when it's raining is to let it rain.*
-Henry Wadsworth Longfellow
339. *You have been practicing what you are not for so long, that you really believe your image is what you are.*
-Don Miguel Ruiz
340. *Morning comes whether you set the alarm or not.*
-Ursula K. Le Guin
341. *Think twice before you speak, because your words and influence will plant the seed of either success or failure in the mind of another.*
-Napoleon Hill
342. *Life is like a camera...focus on what's important, capture the good times, develop from the negatives, and if things don't work out, take another shot.*
-Ziad K. Abdelnour

343. *You don't always need a plan. Sometimes you just need to breathe. Trust. Let go. And see what happens.*
-Spirit Science
344. *Standing in the middle of the road is very dangerous; you get knocked down by the traffic from both sides."*
-Margaret Thatcher
345. *Your past has given you the strength and wisdom you have today, so celebrate it. Don't let it haunt you.*
-Unknown
346. *It's not too late to change direction if you're not at peace with the life you have now. Don't put a deadline to your pursuit of happiness.*
-Dodinsky
347. *Greatness comes not when things always go good for you. Greatness comes when you're really tested, when you take some knocks, some disappointments, when sadness comes. Because only if you've been in the deepest valley can you know how magnificent it is to be on the highest mountain.*
-Pravsworld.com
348. *If we are strong, our strength will speak for itself. If we are weak, words will be no help.*
-John F. Kennedy
349. *The difference between ordinary and extraordinary is that little extra.*
-Jimmy Johnson
350. *I discovered that people are not really afraid of dying; they're afraid of not ever having lived, not ever having deeply considered their life's higher purpose, and not ever having stepped into that purpose and at least tried to make a difference in this world.*
-Joseph Jaworski
351. *There's no need to rush. If something is meant to be, it will happen...in the right time, with the right person, for the best reason.*
-Power of Positivity
352. *The secret of life is in seeing every tiny experience as a gift. And in that gift there is beauty and there is pain. Just because there is pain doesn't mean there is any less beauty.*
-Carol Adrienne
353. *It's only when we truly know and understand that we have a limited time on earth-and that we have no way of knowing when our time is up-that we will begin to live each day to the fullest, as if it were the only one we had.*
-Elizabeth Kubler-Ross
354. *Don't let your history interfere with your destiny.*
-Steve Maraboli
355. *Walking adds so much to life. We walked at Roxborough this afternoon. It made life worth living. It is easy to put aside your problems when you are walking hand in hand with someone you love.*
-Michael Staritzky (two months before his death)
356. *Always find a reason to laugh. It may not add years to your life, but it will surely add life to your years.*
-Power of Positivity
357. *I believe that we each create our own realities. Although we may be made up in part based on our experiences; the truth is, it our interpretations of these experiences that truly defines us.*
-Greg Giesen

358. *Happiness is not a checklist, a dream job, a fast car, or a good home. Even love means nothing at all if you have yet found a way to feel full and content in your own mind and heart.*
-Beau Taplin
359. *Success is never owned, it is only rented; and the rent is due every day!*
-Rory Vaden
360. *Patience is the calm acceptance that things can happen in a different order than the one you have in mind.*
-David G. Allen
361. *The best thing you could give the world is a healthy you.*
-Joyce Meyer
362. *To the world you may be one person, but to one person you may be the world.*
-Dr. Seuss
363. *Remember there's no such thing as a small act of kindness. Every act creates a ripple with no logical end.*
-Scott Adams
364. *You are the average of the five people you spend the most time with.*
-Jim Rohn
365. *Life is like a mirror. Smile at it and it smiles back at you.*
-Peace Pilgrim
366. *What you get by achieving your goals is not as important as what you become by achieving your goals.*
-Power of Positivity
367. *As I look back on my life, I realize that every time I thought I was being rejected from something good, I was actually being re-directed to something better.*
-Unknown
368. *If you knew the secret history of those you would like to punish you would find a sorrow and suffering enough to disarm, all your hostility.*
-HW Longfellow
369. *The most important question to ask yourself at the end of each day is, "What difference did I make today?"*
-Mark Sanborn
370. *In the end, people will judge you anyway, so don't live your life impressing others...live your life impressing yourself!*
-Eunice Camacho Infante
371. *The reason a dog has so many friends is that he wags his tail instead of his tongue.*
-Unknown
372. *The greatest mistake you can make in life is to be continually fearing you will make one.*
-Elbert Hubbard
373. *Integrity is not a 90 percent thing, not a 95 percent thing; either you have it or you don't.*
-Peter Scotese
374. *Have the maturity to know that sometimes silence is more powerful than having the last word.*
-Thema David

375. *A mistake that makes you humble is better than an achievement that makes you arrogant.*

-Unknown

376. *We are what we repeatedly do. Excellence, then, is not an action, but a habit.*

-Aristotle

377. *You never know how a horse will pull until you hook him up to a heavy load.*

-Paul "Bear" Bryant

378. An Old Irish Blessing

May love and laughter light your days,

And warm your heart and home.

May good and faithful friends be yours,

Wherever you may roam.

May peace and plenty bless your world,

With joy that long endures.

May all life's passing seasons,

Bring the best to you and yours.

-WishHunt.com

379. *Many of life's failures are people who did not realize how close they were to success when they gave up.*

-Thomas Edison

380. *You should not live one way in private, another in public.*

-Publilius Syrus

381. Lessons of Time –KARMA

When a bird is alive...it eats ants. When the bird is dead...ants eat the bird. Time and circumstances can change at any time. Don't devalue or hurt anyone in life. You may be powerful today. But remember...time is more powerful than you! One tree makes a million match sticks...Only one match stick is needed to burn a million trees...So be good and do good.

-Unknown

382. *Remembering that you are going to die is the best way I know to avoid the trap of thinking you have something to lose. You are already naked. There is no reason not to follow your heart.*

-Steve Jobs

383. *People are often unreasonable and self-centered. Forgive them anyway.*

If you are kind, people may accuse you of ulterior motives. Be kind anyway.

If you are honest, people may cheat you. Be honest anyway.

If you find happiness, people may be jealous. Be happy anyway.

The good you do today may be forgotten tomorrow. Do good anyway.

Give the world the best you have and it may never be enough. Give your best anyway.

For you see, in the end, it is between you and God. It was never between you and them anyway.

-Mother Teresa

384. *Be who you are and say what you feel because those who mind don't matter and those who matter don't mind.*

-Dr. Seuss

385. *Don't ever say that you don't have enough time. You have exactly the same number of hours in a day that were given to Helen Keller, Louis Pasteur, Michelangelo, Mother Teresa, Leonardo Da Vinci, Thomas Jefferson and Albert Einstein. Make best use of all the time you have. Once lost, you will never get it again."*

-Pravsworld.com

386. *The habits you created to survive will no longer serve you when it's time to thrive. Get out of survival mode. New habits, new life.*
-Power of Positivity
387. *If you can see the positive sides of everything, you'll be able to live a much richer life than others.*
-Power of Positivity
388. *It's surprising how many people go through life without ever recognizing that their feelings towards others are largely determined by their feelings towards themselves.*
-Don Miguel Ruiz
389. *When we wake up in the morning, we have two simple choices. Go back to sleep and dream, or wake up and chase those dreams. Choice is yours...*
-Pravsworld.com
390. *Holding a grudge doesn't make you strong; it makes you bitter. Forgiving doesn't make you weak; it sets you free.*
-Power of Positivity
391. *First I was dying to finish my high school and start college. And then I was dying to finish college and start working. Then I was dying to marry and have children. And then I was dying for my children to grow old enough so I could go back to work. But then I was dying to retire. And now I am dying. And suddenly I realized I forgot to live."*
-Pravsworld.com
392. *Time is like a river.
You cannot touch the same water twice,
Because the flow that has passed will never pass again.
Enjoy every moment of life...*
-Pravsworld.com
393. *People may forget what you have said, and they may forget what you have done, but they will never forget how you made them feel.*
-Teresa Spangler
394. *It's never too late to be what you might have been.*
-George Elliot
395. *Vision without action is merely a dream. Action without vision just passes the time. Vision with action can change the world.*
-Joel Barker
396. *Our lives begin to end the day we become silent about things that matter.*
-Martin Luther King
397. *The happiness, success and fulfillment that you either lack or enjoy in life are, in a way, nature's feedback on the extent to which you are living your purpose.*
-Anil Bhatnagar
398. *How old would you be if you didn't know your age?*
-Satchel Paige
399. *Has a bee ever landed on you, and instead of getting scared, you appreciated the possibility that you got confused for a flower?*
-Power of Positivity

400. *Never give up on someone you can't go a day without thinking about.*
-Unknown
401. *When everything seems dark, consider...you may be the light.*
-Power of Positivity
402. *Too often we underestimate the power of a touch, a smile, a kind word, a listening ear, an honest compliment, or the smallest act of caring...all of which have the potential to turn a life around.*
-Leo Buscaglia
403. *Losing doesn't build character, it reveals it.*
-James Lane Allen
404. *People want a demonstration not an explanation.*
-Unknown
405. *They say it takes a minute to find a special person, an hour to appreciate them, a day to love them, but then an entire life to forget them.*
-Kahlil Gibran
406. *Whatever is flexible and flowing will tend to grow. Whatever is rigid and blocked will wither and die."*
-Tao Te Ching
407. *In school you get the lesson and then take the test...in life you take the test and then get the lesson.*
-Tom Bodett
408. *We are here for a purpose. Discover it, embrace it, and never settle for anything less.*
-Greg Giesen
409. *Never give up. This may be your moment for a miracle.*
-Greg Anderson
410. *Success is getting up one more time than you have been knocked down.*
-Walt Disney
411. *Sometimes you win, sometimes you learn!*
-John C. Maxwell
412. *Nothing ever goes away until it teaches us what we need to know.*
-Pema Chodron
413. *What consumes your mind controls your life.*
-Unknown
414. *Sometimes our lives have to be completely shaken up, changed, and rearranged to relocate us to the place we're meant to be.*
-Unknown
415. *The sign of a beautiful person is that they always see beauty in others.*
-Omar Suleiman
416. *Your best teacher is your last mistake.*
-Ralph Nader

417. Mickey Mantle's response to critics who pointed out that he struck out 1,710 times in his baseball career:
"They may be strikeouts to some people, but to me, every one of them was nearly a home run."
-Unknown
418. *The same boiling water that softens the potato hardens the egg. It's about what you're made of, not the circumstances.*
-Positive Energy
419. *Welcome to today. Another day...Another chance...Feel free to change.*
-Unknown
420. *The best and most beautiful things in the world cannot be seen or even touched—they must be felt with the heart.*
-Power of Positivity
421. *Sometimes, you find yourself in the middle of nowhere, and sometimes, in the middle of nowhere, you find yourself.*
-Power of Positivity
422. *You learn a lot about people when they don't get what they want.*
-Positive Energy
423. *Sometimes it's better to just remain silent, and SMILE.*
-Positive Energy
424. *Sometimes you just need to cancel your subscription to people's issues.*
-Power of Positivity
425. *The less you respond to rude, critical, argumentative people, the more peaceful your life will become.*
-Mandy Hale
426. *Be thankful for the bad things in life. They open your eyes to see the good things you weren't paying attention to before.*
-Power of Positivity
427. *Life is short. If there was ever a moment to follow your passion and do something that matters to you, that moment is now.*
-Power of Positivity
428. *Blood makes you related, love makes you family.*
-Power of Positivity
429. *Do not pray for an easy life, pray for the strength to endure a difficult one.*
-Bruce Lee
430. *Sometimes you have to let go of the picture of what you thought life would be like and learn to find joy in the story you are actually living.*
-Power of Positivity
431. *I've always loved the idea of not being what people expect me to be.*
-Power of Positivity
432. *Unsuccessful people make decisions based on their current situations. Successful people make decisions based on where they want to be.*
-Power of Positivity

433. *Without rain, nothing grows. Learn to embrace the storms in your life.*
-Power of Positivity
434. *We cannot force someone to hear a message they are not ready to receive. But we must never underestimate the power of planting a seed.*
-Unknown
435. *Everyone you meet always asks if you have a career, are married or own a house, as if life was some kind of grocery list. But no one ever asks if you are happy.*
-Heath Ledger
436. *Repetitive complaining will attract things for you to complain about. Repeated gratitude will attract things for you to be thankful about.*
-Unknown
437. *If you avoid conflict to keep the peace, you start a war inside yourself.*
-The Mastery of Self
438. *Holding a grudge doesn't make you strong; it makes you bitter. Forgiving doesn't make you weak; it sets you free.*
-Dave Willis
439. *Life is like a book. Some chapters are sad, some are happy and some are exciting, but if you never turn the page, you will never know what the next chapter has in store for you.*
-Power of Positivity
440. *Worry does not take away tomorrow's troubles, it takes away today's peace.*
-Power of Positivity
441. *I just want a simple life. I don't need to be filthy rich and well known. I just want to enjoy nice things, be with the people I love, and make new memories.*
-Power of Positivity
442. *Whenever you find yourself doubting how far you can go, just remember how far you have come. Remember everything you have faced, all the battles you have won, and all the fears you have overcome.*
-Power of Positivity
443. *Being perfect is being flawed, accepting it, and never letting it make you feel less than your best.*
-Jessica Alba
444. *Every single thing that has ever happened in your life is preparing you for something that's meant to come.*
-Power of Positivity
445. *Don't be hard on yourself. It's okay to have a moment of uncertainty about life. It's a transformative period to find your purpose.*
-Power of Positivity
446. *Sometimes the people around you won't understand your journey. They don't need to, it's not for them.*
-Joubert Botha
447. *You're not going to master the rest of your life in one day. Just relax. Master the day. Then just keep doing that every day.*
-Spiritual Man